

LIFE

Usually comes to you in the form of messages. What you do with these messages is important.



Do you Hear | Get | Heed

MESSAGE

The message may be to grow, change, adapt, tell the truth, get a clue or to head in a new direction

SYMPTOMS:
Learning Curve,
Confusion, Doubt

REQUIRED:
Strength, Assistance,
Guidance, Love



If you do not heed the message, you are now given a

LESSON

You probably won't like the lesson, but it will increase your awareness. Oh Joy.



SYMPTOMS:
Frustration, Upset,
Adrenaline,

REQUIRED:
Advice, Direction,
Structure, Enough
Pain



If you did not learn the lesson (even if you thought you did) you are given a

PROBLEM

This is not life. Better to truly learn the lesson. Even better, get the first message. Otherwise you become a master problem-solver, which is **the booby prize of life.**

SYMPTOMS:
Ease, Effortlessness,
Balance, Pleasure, Joy

REQUIRED:
Trust, Reserve, Space,
Faith, Willingness,
Flexibility



If you hear and respond to the message you are offered, you will enjoy:

SUCCESS

You're successful when opportunities come to you, rather than you creating or chasing opportunities.

THE PROCESS OF
LEARNING LIFE'S LESSONS

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